

# NICOLA MARTIN STUDIOS

## Pink Parties – Terms & Conditions

### **Your session**

Your Pink Party session includes time to get changed, buy drinks, warm up, certificate presentation and taking photographs at the end. The allocated time is reserved exclusively for your party in a private function room.

### **Pole (1.5 or 2 hours)**

You will need: Comfortable shoes for the warm-up, (heels optional), and shorts.

You will be taught a full routine, including spins, which you can then perform to your group. There will also be a fun 'lap-dance' session with your group (no stripping!).

### **Burlesque (2 hours)**

You will need: Comfortable shoes for the warm-up, shorts/skirt, hold-up stockings, heels, jacket/similar. Any other burlesque attire welcomed!

You will be learning the art of traditional Burlesque in walking, using a feather boa, removing jacket and stockings, chair-work is included! A routine will finish off your session as well as some one-to-one burlesque! All taught in a fun environment.

### **Glee (1.5 hours)**

You will need: Comfortable, cool clothing and flat shoes.

You will be learning a routine to Glee's "Don't Stop Believing". Suitable for all, no dance experience required!

### **Thriller (1.5 hours)**

You will need: Comfortable, cool clothing, flat shoes, and any 'Thriller' attire welcome!

You will be taught the main part of the dance routine from Michael Jackson's 'Thriller'.

### **Availability**

Parties are available Saturdays and Sundays at the New Venture Social Club in Beeston, session times from 10am – 10pm. A venue in Nottingham may be allocated if preferred, subject to availability. To avoid disappointment, please book early!

### **Cost**

1.5 hour sessions are £15.00 per person.

2 hour sessions are £20.00 per person.

There must be a minimum of 8 participants. If you do have less than 8, you will be required to make up the payment of 8 people. Spectators allowed at no extra cost.

### **Payment**

Full payment must be paid no later than 14 days prior to the date of your party. Final numbers should be confirmed at time of payment. Additional participants may be added, however they must still be paid for before the party.

**Cancellations**

More than 21 days: Full Refund

14-21 days: 50% Refund

Less than 14 days: No refund.

If one or more members of your group do not attend, no refund will be given for the individuals.

Paypal preferred although cheques can be sent (address upon request), made payable to Nicola Martin Studios.

**Disclaimer**

Any medical conditions should be declared before taking part in a Pink Party. By signing a disclaimer you will be declaring yourself to be physically sound and suffering from no condition, impairment, infirmity or other illness that may prevent participation or use of equipment. Alternatively, you may have your doctor's approval to participate, in which case you accept all responsibility for your actions.

Pregnant women will not be allowed to take part in the sessions.

You accept and undertake the risks and are willing to abide by all safety instructions. You will not attempt any moves that have not been taught by the instructor.

Please do not take non-medicinal drugs prior to the class or arrive intoxicated.

It is not permitted to bring food or drink to the venue. The bar is always open should you require any of these.

By signing a disclaimer, you hereby waive and release any and all claims whether for personal injury, property damage, damages, losses and/or death that may arise from participation of classes.

You have the right to request advice or guidance in relation to the activity from the instructor at any time. If you choose to disregard any advice given, or attempt moves that have not been taught, you accept complete liability for any resulting injuries or damages.